Enjoy your life.

Along with hardships.

One of the features of a successful life is enduring hardships. All successful individuals and societies have endured many hardships on their path to success. They understand that achieving success is not possible without enduring hardships. They know that reaching the highest peak of success involves difficulties. They always consider the climb to be tough and believe that without hardship, the ascent is not possible. These are the people who will receive their records from the front and in their right hand, will pass through the easy reckoning, and join the other successful ones to live in Paradise with them. In contrast, unsuccessful individuals and societies will have a difficult life not only in this world but also in the hereafter because they did not take advantage of the good opportunities in the world and did not willingly face and pass through the hardships of this world. Instead, they remained passive and let the world's hardships come to them. Such people may find ease and comfort in this world, but on the Day of Judgment, they will receive their records from behind their back and in their left hand, and their final destination will be Hell and fire.

"O mankind! Indeed, you are laboring toward your Lord with [great] exertion and will meet it. Then as for one who is given his record in his right hand, He will be judged with an easy account and return to his people in happiness. But as for one who is given his record behind his back, He will cry out for destruction and burn in a Blaze. Indeed, he had [once] been among his people in happiness." (Qur'an, Al-Inshiqaq 6-13)

Pg 23 from the book "Success Based on Verses and Narrations Authored by Amir Jahani Fard, Hossein Alizadeh, Mohammad Esmaeili Chafi"